






# Combined pill (oestrogen and progestogen) with a break : what to do when missing a pill?

Missing more than 12 hours, 1 pill of your packet

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1 <sup>st</sup> week	2 <sup>nd</sup> week	3 <sup>rd</sup> week	4 <sup>th</sup> week
			
<ul style="list-style-type: none"> <li>• take <b>the missed pill as soon as possible</b> + take the pill <b>of the day at the usual time</b></li> <li>• keep taking the following pills</li> <li>• use <b>condom for 7 days</b></li> </ul>	<ul style="list-style-type: none"> <li>• take <b>the missed pill as soon as possible</b> + take the pill <b>of the day at the usual time</b></li> <li>• keep taking the following pills</li> </ul>	<ul style="list-style-type: none"> <li>• take <b>the missed pill as soon as possible</b> + take the pill <b>of the day at the usual time</b></li> <li>• keep taking the following pills</li> </ul>	<p><b>7 days break</b></p>
<p> <b>If you have had <u>sexual intercourse</u> within the last <b>5 days</b> :</b></p> <ul style="list-style-type: none"> <li>• take an <b><u>emergency contraception</u></b> as fast as you can</li> </ul> <p><b>Norlevo® (1<sup>st</sup> choice) :</b> use <b>condom for 7 days</b> and keep on with your regular contraceptive pill</p> <p><b>ellaOne® :</b> if possible, stop your contraceptive pill for <b>5 days</b>, then start a new package + <b>use condom during all the tablet</b></p>	<ul style="list-style-type: none"> <li>• the use of <b>condoms for 7 days</b> avoids the need for emergency contraception in the event of a 2<sup>nd</sup> omission</li> </ul>	<ul style="list-style-type: none"> <li>• the use of <b>condoms for 7 days</b> avoids the need for emergency contraception in the event of a 2<sup>nd</sup> omission</li> <li>• <b>start a new packet of pills straightaway, with <u>no pill-free days</u></b></li> </ul>	

Missing 2 pills or more :

☞ Go immediately to a **sexual health center, pharmacy, maternity hospital** or to your **gynecologist**