

Practical information

My next appointment

Date _____

Time _____

✉ Place

Hôpitaux universitaires de Genève
Service de dermatologie et vénéréologie
4th Floor, Building C (support building)
Rue Gabrielle-Perret-Gentil 4
1205 Genève

Contact

Secretariat
Cicetti Malek
☎ 022 372 98 12

Unit Heads

Dr Alexandra Calmy
Dr Laurence Toutous-Trellu

Website

<http://lipodystrophie.hug-ge.ch>

We thank for their support

- Janssen-Cilag SA
- Gilead Sciences Switzerland Sàrl
- Abbott AG
- Fondation Sidaide
- ViiV Healthcare

We work with the neurology department
Neuro-HIV platform, Vaud University
Hospital Centre, Lausanne.

Lipo and metabolism group

Clinic for the multidisciplinary
management of people
living with HIV



Who is this clinic for?

People infected with HIV and receiving antiretroviral-treatment frequently develop medical complications, such as kidney, bone, heart, or liver disorders. Some patients also develop an uneven distribution of body fat, which causes a change in their physical appearance. The Lipo and metabolism group offers multidisciplinary management by grouping all the medical appointments necessary for a full assessment on a single day. Any person with HIV on antiretroviral therapy may benefit from this approach.

Are you concerned by lipodystrophy?

Lipodystrophy is one of the visible complications of tritherapy. It may lead to a loss of fat tissue from the legs, arms, face or buttocks, or an accumulation of fat in the abdomen, breasts/chest or neck (buffalo hump). Lipodystrophy may alter physical appearance and quality of life. This uneven fat distribution is sometimes accompanied by changes in blood test results (fat and sugar metabolic disorders). It is important to detect these problems before they become serious by performing a complete clinical assessment.

What do we offer?

Physicians and caregivers in the Lipo and metabolism group offer confidential and individually tailored management:

- appropriate check-up/blood tests
- a radiological exam
- a specialised visit focused on the patient's individual needs, for example cardiology, endocrinology, dermatology, bone diseases, gastroenterology, smoking cessation
- plastic and reconstructive surgery as clinically indicated, with evaluation and counselling
- dietary advice.

All these proposals are sent to your regular doctor, who is the only person able to change your medication if needed.

If you are interested or concerned, talk to your doctor or contact us (see overleaf).

The Lipo and metabolism group is a multidisciplinary team involving specialists in the following areas:

- HIV/AIDS infectiology
- endocrinology
- plastic and reconstructive surgery
- dermatology
- cardiology
- gastroenterology
- bone disease
- psychology/body image
- nutrition
- smoking cessation.